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Prepared October 2023 by Coolamon Shire Council. Every effort has been made to ensure details provided are correct at the time of printing.



NOTES: NOT TO SCALE MARSHALS & DRINK STOPS ALONG THE WAY



PARTY / DRINKS LOCATIONS

COOLAMON URBAN TRAIL 8KM LOOP
KINDRA FOREST TRAILS 1KM - 10KM LOOPS
GILGAI TRAIL 16KM ONE WAY - 32KM LOOP
GANMAIN MURUMBANG INTERPRETIVE WALK APPROX. 1.5KM





## **REDGRAVE PARK** MAOI

Pick your own track to tackle! (See map overleaf)

> COOLAMON URBAN TRAIL 8KM LOOP GILGAI TRAIL 16KM ONE WAY - 32KM LOOP

The longest track is the Gilgai Trail which will take you from Coolamon to Ganmain. It's 16km each way. Take a rest in Ganmain with delights to enjoy.

All three tracks will start from Redgrave Park where you can pick a suitable distance.

Keen on tackling the tracks in your own time? (See map overleaf for alternate tracks)

> KINDRA FOREST TRAILS 1KM - 10KM LOOPS GANMAIN MURUMBANG INTERPRETIVE WALK APPROX. 1.5KM

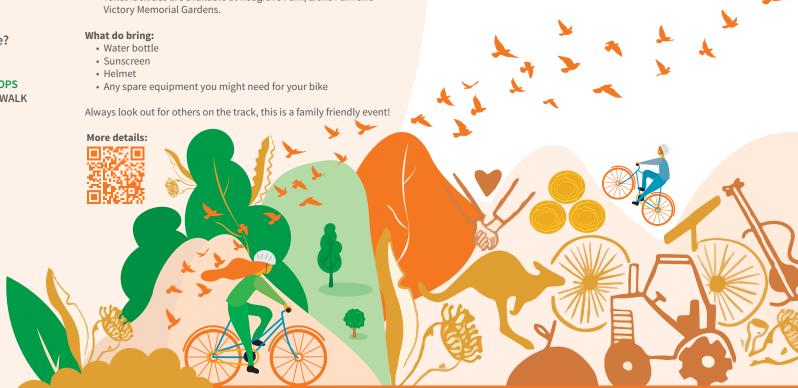


Live music Food Kids activities Entertainment

10AM - 5PM

## **Registration and safety information**

- Registrations are free and accepted online at www.visitcoolamonshire.com.au
- All entrants must be responsible for their own safety and determine if they are fit to take part. By registering you confirm you understand and accept that you have responsibility to act in a way that will minimise the likelihood of injury, to yourself and others.
- The track can be narrow in sections, participants may have to stop and let others pass. The tracks and trails range is different surfaces and at times can be uneven. Council has made every effort to minimize this along the track. It is the responsibility of participants to ride and walk to the conditions of the track.
- Participants must obey all road and pedestrian rules. No road closures are in place along the track. At times riders may have to walk bikes across main roads.
- Always wear your helmet.
- Ensure you have a drink bottle.
- Wear appropriate clothing for safety including being sun safe (hat, sunscreen and glasses).
- Drink stations and bottle refills are available at Brushwood, Ganmain Plaza and Redgrave Park.
- All entrants must follow the directions of ride officials and marshals along the track. Bike officials will wear vests.
- First aid officers will be on site at Redgrave Park.
- In case of an emergency, always contact 000.
- Parents are responsible for your child/children during event.
- Toilet facilities are available at Redgrave Park, Lions Park and Victory Memorial Gardens.





SATURDAY 4 NOVEMBER 2023

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